Houston Christian UNIVERSITY

HOUSTON CHRISTIAN UNIVERSITY DEGREE PROGRAM PLAN
MINOR - KINESIOLOGY

LACC REQUIREMENTS FOR KINESIOLOGY MINOR MUST INCLUDE:
BIOL 2404

NAME: _____ H# _____ DATE: _____

Degree: *[Please indicate]* ☐ **BA** - or - ☐ **BS** **MAJOR:** _____ **CATALOG YEAR:** **2023-2024**

Complete at least 9 upper level hours of RESIDENCY at HCU with grade of C or higher in all courses.

MINOR REQUIREMENTS: All courses within Minor must be completed with a "C" or above.

COURSE NO.	COURSE NAME	HOURS
KINE 2202	Creating a Wellness Lifestyle	2
KINE 2310	Foundations of Kinesiology (This is a prerequisite for all 2000 & 4000 level KINE courses.)	3
KINE 2340	Health Psychology	3
KINE 2336	Strategies and Principles of Coaching	3
KINE 3310	Exercise Prescription (Must be taken along with KINE 3393)	3
KINE 3360	Administration in Sports and Kinesiology	3
KINE 3393	Physiology of Exercise (Prerequisite BIOL 2404 with a "C" or better)	3
	Total Hours in Minor	**20**

APPROVED BY:

ADVISOR DATE

DEAN OF SCHOOL OF NURSING & ALLIED HEALTH DATE

I HAVE READ AND AGREE TO ABIDE BY ALL REQUIREMENTS ON THE DEGREE PLAN

STUDENT SIGNATURE DATE

THIS DEGREE PLAN IS NOT VALID UNTIL RECEIVED & PROCESSED BY THE OFFICE OF ACADEMIC RECORDS PROCESSED BY _____ DATE _____

Official Degree Plan