HOUSTON CHRISTIAN UNIVERSITY DEGREE PLAN
MINOR IN KINESIOLOGY
CATALOG YEAR: 2024-2025

NAME: _____ **H#:** _____ **DATE:** _____

Students must complete at least 9 upper-level hours toward the minor in residency at HCU.
Liberal Arts Core Curriculum requirements for Kinesiology minor must include BIOL 2304/2104 Human Anatomy & Physiology I with Lab.

MINOR REQUIREMENTS: All courses within minor must be completed with a "C" or higher

COURSE #	COURSE NAME	HOURS
KINE 2202	Creating a Wellness Lifestyle	2
KINE 2310	Foundations of Kinesiology	3
KINE 2340	Health Psychology	3
KINE 2336	Strategies & Principles of Coaching	3
KINE 3310	Exercise Prescription (must be taken along with KINE 3393)	3
KINE 3360	Administration in Sports & Kinesiology	3
KINE 3393	Physiology of Exercise (prerequisite BIOL 2304/2104 with "C" or better)	3
	TOTAL HOURS IN MINOR	**20**

BY SIGNING BELOW, YOU ACKNOWLEDGE THAT YOU HAVE READ AND AGREE TO ABIDE BY ALL REQUIREMENTS ON THE DEGREE PLAN. THIS DEGREE PLAN IS NOT VALID UNTIL RECEIVED & PROCESSED BY THE OFFICE OF ACADEMIC RECORDS.

_____ _____
STUDENT SIGNATURE **DATE**

_____ _____
DEAN OF COLLEGE **DATE**

_____ _____
ACADEMIC ADVISOR **DATE**

Office of Academic Records Use Only
Processed by: _____ **Date:** _____

OFFICIAL DEGREE PLAN