



HOUSTON CHRISTIAN UNIVERSITY DEGREE PLAN
BACHELOR OF SCIENCE (BS) IN KINESIOLOGY WITH EC-12 PHYSICAL EDUCATION TEACHER CERTIFICATION
CATALOG YEAR: 2025-2026

NAME: _____

H#: _____

DATE: _____

Candidates for a single major undergraduate baccalaureate degree must complete a total of at least 125 credit hours along with the following requirements:

- No fewer than 30 semester hours of upper-level (3000 or 4000) courses.
- No more than 6 credit hours in Kinesiology activity courses or other student activity hours will count towards the 125-credit hour requirement.
- Complete the Liberal Arts Core Requirements
- Complete a minimum of 30 hours or 25% of the required hours, whichever is greater, of residency at HCU including at least 12 upper-level hours in the major.
- Cumulative GPA of at least 2.00 with no grade below "C" in courses required for the major.
- If completing a MINOR, at least 9 upper-level hours of residency at HCU included in the minor with a grade of "C" or higher in all courses.

Once admitted and enrolled at HCU, each student MUST:

- Receive prior approval for any courses taken at another institution (up to 18 total credit hours only).
- File a degree plan with the Office of Academic Records before 60 credit hours have been completed.
- File an application to graduate at least one (1) semester before anticipated date of graduation.

LIBERAL ARTS CORE REQUIREMENTS: *Course must be completed with a "C" or higher

COURSES	HOURS	COURSES	HOURS
*ENGL 1313 Composition and Literature I	3	*MATH 1305 Math for Critical Thinking	3
*ENGL 1323 Composition and Literature II	3	BIOL 2304/2104 Human Anatomy and Physiology I with Lab	4
ENGL 2315 or 2325 Great Works of Literature I or II	3	GOVT 2313 American & Texas Government	3
PSYC 1313 General Psychology	3	HIST 2311 Western Civilization I	3
PHIL 1313 Introduction to Philosophy	3	Additional History (Choose one): HIST 2313, HIST 2323, or HIST 2312	3
CHRI 1301 Introduction to the Bible	3	ART 2343 Art Appreciation or MUSI 1331 Music Appreciation	3
CHRI 2373 Christian Theology & Tradition	3	COMM 1323 Rhetoric & Public Speaking	3
		TOTAL HOURS IN LIBERAL ARTS CORE	43

Students transferring to Houston Christian University with 45 or more hours of transferable college credit are only required to take CHRI 3300, Introduction to Bible and Theology, to meet their Liberal Arts Core Curriculum Christianity requirements.

MAJOR REQUIREMENTS: All courses within major must be completed with a "C" or higher

COURSE #	COURSE NAME	HOURS
PRE-EDUCATION REQUIREMENTS		
EDUC 2320	Learning and Development	3
EDSP 2302	Survey of Exceptional Children	3
COURSES TAKEN AFTER ADMISSION TO EDUCATOR PREPARATION PROGRAM		
EDBI 4304	Methods of Teaching ESL	3
EDBI 4305	Second Language Acquisition	3
EDRE 4330	Content Area Reading	3
EDSP 4311	Diagnostic and Prescriptive Teaching for Exceptional Children	3
EDUC 4100	TEXAS State Certification Exam Preparation Seminar	1
ETEC 4306	Educational Applications of Technology	3
EDUC 4301	Curriculum and Instruction for Elementary School	3
EDRE 4320	Teaching Reading through Children's Literature	3
EDUC 4400	Clinical Teaching Seminar	4
EDUC 4800 or EDUC 4485 and EDUC 4495	Clinical Teaching or Clinical Teaching Experience I and Clinical Teaching Experience II	8
EDUC 4302	Classroom Culture, Climate, and Safety	3
ALL-LEVEL KINESIOLOGY REQUIREMENTS		
KINE 2202	Creating a Wellness Lifestyle	2
KINE 2310	Foundations of Kinesiology	3
KINE 2334	Tests and Measurements in Kinesiology	3
KINE 2335	Sports and Fitness Activities	3
KINE 2336	Strategies and Principles of Coaching	3
KINE 3310	Exercise Prescription	3
KINE 3301	Prevention and Treatment of Sports Injuries	3
KINE 3393	Physiology of Exercise	3
KINE 3395	Kinesiology: Applied Biomechanics	3
KINE 3398	Foundations of Health Instruction	3
KINE 4323	Motor Learning	3
KINE 4328	Wellness and Fitness in EC-12 Schools (requires field experience)	3
TOTAL HOURS IN MAJOR		78
ELECTIVE HOURS REQUIRED		4
TOTAL HOURS IN DEGREE		125

OTHER GRADUATION REQUIREMENTS:

- Community Life and Worship (CLW) points: 80 credits required for graduation (at least 50 points must be CLW-A earned through worship events, up to 30 points may be CLW-B earned through community life events).
- FYS 1300 Freshman Year Seminar is required for all students enrolling at HCU with fewer than thirty (30) completed semester hours. College credit earned prior to high school graduation does not count toward the 30-hour requirement. Students enrolled in 100% online degree programs will take a three-hour course, ONLN 1300 Introduction to Online Learning, in place of FYS 1300.

BY SIGNING BELOW, YOU ACKNOWLEDGE THAT YOU HAVE READ AND AGREE TO ABIDE BY ALL REQUIREMENTS ON THE DEGREE PLAN. THIS DEGREE PLAN IS NOT VALID UNTIL RECEIVED & PROCESSED BY THE OFFICE OF ACADEMIC RECORDS.

STUDENT SIGNATURE _____

DATE _____

ACADEMIC ADVISOR _____

DATE _____

Office of Academic Records Use Only

Processed by: _____ Date: _____