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## HOUSTON CHRISTIAN UNIVERSITY DEGREE PLAN MINOR IN KINESIOLOGY CATALOG YEAR: 2025-2026

NAME:	H#:DATE:DATE:	
or Kinesiology mi	nplete at least 9 upper-level hours toward the minor in residency at HCU. Liberal Arts Core Curriculu nors must include BIOL 2304/2104 Human Anatomy and Physiology I with Lab. MENTS: All courses within minor must be completed with a "C" or higher.	m requiremei
COURSE #	COURSE NAME	HOURS
KINE 2202	Creating a Wellness Lifestyle	2
KINE 2310	Foundations of Kinesiology	3
KINE 2340	Health Psychology	3
KINE 2336	Strategies and Principles of Coaching	3
KINE 3310	Exercise Prescription (must be taken concurrently with KINE 3393)	3
KINE 3360	Administration in Sports and Kinesiology	3
KINE 3393	Physiology of Exercise (prerequisite BIOL 2304/2104 with "C" or better)	3
	TOTAL HOURS IN MINOR	20
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