

Bachelor of Science (BS) in Kinesiology with EC-12 Physical Education Teacher Certification 2026-2027 Official Degree Plan



Liberal Arts Core Curriculum (LACC) Requirements

HCU's Liberal Arts Core Curriculum guides students to more fully know and make known:

- **God**, the Creator and Redeemer, as he has revealed Himself in his Son, by the Holy Spirit, through the Scriptures and His World. *Core outcomes:* Biblical literacy ¹, Christian wisdom ², and theological proficiency ³.
- **God's Creation** by examining and engaging with the design, intricacy, and coherence of his world. *Core outcomes:* Scientific ⁴, quantitative ⁵, and aesthetic literacy ⁶.
- **Humans as God's Image Bearers** by investigating and celebrating human dignity, interdependence, and flourishing through their status as created, purposeful beings. *Core outcomes:* Investigation and celebration of human dignity ⁷, interdependence ⁸, and flourishing ⁹ through the cultivation of charity, humility, and verbal literacy.

For more information about the mission and philosophy of our Liberal Arts Core Curriculum, please visit the [Core Curriculum website](#).

COURSES	OUTCOMES	HOURS
CHRI 1301 Introduction to the Bible ⁺	1 2 3 7 8 9	3
CHRI 2373 Christian Theology and Tradition ⁺	1 2 3 7 9	3
PHIL 1313 Introduction to Philosophy	2 3 6 7 8 9	3
BIOL 2304/2104 Human Anatomy and Physiology I with Lab	2 4 5 6	4
MATH 1305 Math for Critical Thinking [*]	2 4 5 6	3
ART 2343 Art Appreciation or MUSI 1331 Music Appreciation (<i>choose one</i>)	2 6 8 9	3
ENGL 1313 Composition and Literature I [*]	1 2 3 6 7 8 9	3
ENGL 1323 Composition and Literature II [*]	1 2 6 7 8 9	3
ENGL 2315 Great Works of Literature I or ENGL 2325 Great Works of Literature II (<i>choose one</i>)	1 2 3 6 7 8 9	3
GOVT 2313 American and Texas Government	2 7 8 9	3
COMM 1323 Rhetoric and Public Speaking	2 6 7 8 9	3
HIST 2311 Western Civilization I	1 2 6 7 8 9	3
HIST 2312 Western Civilization II or HIST 2313 US History to 1877 or HIST 2323 US History from 1877 (<i>choose one</i>)	2 3 6 7 8 9	3
PSYC 1313 General Psychology	1 2 3 4 7 8 9	3
Total LACC Hours		43

* Course must be completed with "C" or higher

+ Students transferring to HCU with 45 or more hours of transferrable college credit will take only CHRI 3300 Introduction to Bible and Theology ¹ ² ³ ⁷ ⁹ to meet their LACC Christianity requirements. This lowers the LACC requirement to 40 credit hours, but the student must still complete the total required hours for the degree.

Major Requirements

(all courses required for major must be completed with "C" or higher)

COURSES	HOURS
Pre-Education Requirements	
EDUC 2320 Learning and Development	3
EDSP 2302 Survey of Exceptional Children	3
Courses Taken After Admission to Educator Preparation Program	
EDBI 4304 Methods of Teaching ESL	3
EDBI 4305 Second Language Acquisition	3
EDRE 4330 Content Area Reading	3
EDSP 4311 Diagnostic and Prescriptive Teaching for Exceptional Children	3
EDUC 4100 TExAS State Certification Exam Preparation Seminar	1
ETEC 4306 Educational Applications of Technology	3
EDUC 4301 Curriculum and Instruction for Elementary School	3
EDRE 4320 Teaching Reading Through Children's Literature	3
EDUC 4400 Clinical Teaching Seminar	4
EDUC 4800 Clinical Teaching or EDUC 4485 Clinical Teaching Experience I and EDUC 4495 Clinical Teaching Experience II	8
EDUC 4302 Classroom Culture, Climate, and Safety	3
All-Level Kinesiology Requirements	
KINE 2202 Creating a Wellness Lifestyle	2
KINE 2310 Foundations of Kinesiology	3
KINE 2334 Tests and Measurements in Kinesiology	3
KINE 2335 Sports and Fitness Activities	3
KINE 2336 Strategies and Principles of Coaching	3
KINE 3310 Exercise Prescription	3
KINE 3301 Prevention and Treatment of Sports Injuries	3
KINE 3393 Physiology of Exercise	3
KINE 3395 Kinesiology: Applied Biomechanics	3
KINE 3398 Foundations of Health Instruction	3
KINE 4323 Motor Learning	3
KINE 4328 Wellness and Fitness in EC-12 Schools (requires field experience)	3
Total Major Hours	78
Total Required Elective Hours	4
Total Hours in Degree	125

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Additional Graduation Requirements

1. At least 125 total credit hours, including 30 credit hours of upper-level (3000 or 4000) courses.
2. Community Life and Worship (CLW) credits: 80 credits required for graduation (at least 50 credits must be CLW-A earned through worship events, up to 30 credits may be CLW-B earned through community life events). CLW events offered each semester are listed on the [Spiritual Life CLW website](#).
3. FYS 1300 Freshman Year Seminar is required for all students enrolling at HCU with fewer than thirty (30) credit hours. College credit earned prior to high school graduation (e.g., dual credit) does not count toward the 30-hour requirement. Students enrolled in 100% online degree programs will take ONLN 1300 Introduction to Online Learning in place of FYS 1300.
4. At least 30 credit hours or 25 percent of the total credit hours required for an undergraduate degree (whichever is greater) must be earned at HCU, including at least 12 credit hours of upper-level courses in the major with a grade of "C" or better in each course.
5. Cumulative GPA of at least 2.00 with no grade below "C" in courses required for the major or as noted on the degree plan.
6. Once admitted and enrolled at HCU, no more than 18 credit hours may be transferred from another institution. Students should consult with their academic advisor prior to enrolling in courses at another institution.

Filing a Degree Plan

All undergraduate students must have an official signed and approved degree plan on file with the Office of Academic Records by the time they complete 64 credit hours. Students should contact their academic advisor to begin the process. If seeking a double degree, double major, minor, or certificate, an official degree plan must be filed for each program of study. For questions, email degreeplans@HC.edu.

Applying for Graduation

Undergraduate students should apply for graduation through HuskyNet at least one semester before their anticipated graduation date. An official degree plan must be on file before the application can be accessed. More information about applying for graduation, including deadlines, can be found on the [Graduation Application website](#). For questions, email grad@HC.edu.

Degree Works

Access Degree Works through the [HCU Student Portal \(my.HC.edu\)](#) to view your degree plan status, graduation application status, and track your progress to graduation. For questions, contact your academic advisor.

University Catalog

The University Catalog is the official record of academic policies. Students are responsible for familiarizing themselves with the information in the catalog, including attendance policies, transfer credit policies, academic standing information, and course descriptions. The catalog can be found on the [HCU Catalog website](#).

Acknowledgment and Signatures

By signing below, you acknowledge that you have read and agree to abide by all requirements on the degree plan. This degree plan is not valid until received & processed by the Office of Academic Records.

Student Name (Printed)

Student H#

HCU Email

Student Signature

Date

Advisor Signature

Date

Office of Academic Records Use Only

Processed By: _____ Date: _____