

Minor in Kinesiology

2026-2027 Official Degree Plan

Minor Requirements	
<i>(all courses required for minor must be completed with "C" or higher)</i>	
COURSES	HOURS
KINE 2202 Creating a Wellness Lifestyle	2
KINE 2310 Foundations of Kinesiology	3
KINE 2340 Health Psychology	3
KINE 2336 Strategies and Principles of Coaching	3
KINE 3310 Exercise Prescription (must be taken concurrently with KINE 3393)	3
KINE 3360 Administration in Sports and Kinesiology	3
KINE 3393 Physiology of Exercise (prerequisite BIOL 2304/2104 with a "C" or better)	3
Total Hours in Minor 20	

Residency Requirements

At least 9 upper-level credit hours required for a minor must be earned at HCU with a grade of "C" or better in each course.

Filing a Degree Plan

All undergraduate students must have an official signed and approved degree plan on file with the Office of Academic Records by the time they complete 64 credit hours. Students should contact their academic advisor to begin the process. If seeking a double degree, double major, minor, or certificate, an official degree plan must be filed for each program of study. For questions, email degreeplans@HC.edu.

University Catalog

The University Catalog is the official record of academic policies. Students are responsible for familiarizing themselves with the information in the catalog, including attendance policies, transfer credit policies, academic standing information, and course descriptions. The catalog can be found on the [HCU Catalog website](#).

Acknowledgment and Signatures

By signing below, you acknowledge that you have read and agree to abide by all requirements on the degree plan. This degree plan is not valid until received and processed by the Office of Academic Records.

Student Name (Printed)

Student H#

HCU Email

Student Signature

Date

Advisor Signature

Date

Office of Academic Records Use Only

Processed By: _____

Date: _____